

Follow up after Hospitalization Matters

Ensure members are scheduled today

Follow up after Hospitalization (FUH)

The FUH HEDIS measure is the percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental illness diagnoses and had a follow-up visit with a mental health practitioner within 7 or 30 days of discharge.

Who can complete the FUH assessment?

Visit must be with a licensed **mental health** provider:

- Psychiatrist
- Psychologist
- Psychiatric/Mental Health RN
- Licensed Marital & Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Counselor (LPC)
- Licensed Master of Social Work (LMSW)
- Community Mental Health Center (CMHC)

Visit cannot occur on the same day of discharge

What aftercare services qualify?

- Mental Health and/or Substance Use Assessments, Screening, Treatment Planning
- Individual Therapy in the home or office in accordance with program specifications
- Telehealth Services with a Mental Health Provider
- Medication Management with a Psychiatrist/ARNP/PA with a mental health license or certificate
- Intensive Outpatient Program (IOP) or Partial Hospitalization Program (PHP)
- Electroconvulsive Therapy (ECT)
- Community-based Wrap-around and/or Day Treatment Services
- Psychiatric Collaborative Care Management

It's important to help members get the care they need within 7 days after discharge.

For questions about this measure, contact:

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