Optum Medica.

Immediate follow-up appointments available

(Children, Adolescent and Adults)

Helping members get the care they need after discharge

You play an important role in ensuring that your members receive follow-up care for mental health and/or substance use after discharge.

7 Day follow-up appointments for both mental health and substance use disorders can help promote successful treatment outcomes, reduce hospital stays and increase members community tenure.^{**}

Tools for follow-up appointments:

- Pre-Purchased Psychiatry and Medication Assisted Treatment Appointments through Medica Behavioral Health*
- Optum Express Access
 Appointments via
 LiveAndWorkWell.com
- Various case management programs
- Variety of telehealth options
- Independently licensed staff

available 24/7

Call Medica Behavioral Health at 1-800-848-8327 and Request to Speak to a Care Advocate.



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