

ICBS (*Intensive Community Based Services*)

Medica's ICBS program delivers face-to-face and virtual intensive support for Medicaid and Commercial^a individuals. ICBS is designed to assist members who would benefit from additional interventions beyond their current providers and/or supports.

Who to Refer:

- For most Medica members in Minnesota
- History of multiple admissions to higher levels of care (Mental Health Inpatient or Emergency Departments)
- At risk for readmission
- Frequent crises
- Lack of supports
- Homelessness
- Medication or appointment non-compliance

To make a referral to the ICBS program or for more information please contact:

**Jane Wilka-Pauly, Provider and Community Liaison, 612-476-6426
E-Mail: Jane.Wilka-Pauly@Optum.com
or
Medica Behavioral Health
1-800-848-8327**

What is ICBS?

- Intensive, Short-Term^b Intervention
- ICBS workers can provide unique interventions (i.e., transportation, etc.)
- Coordination of care across medical, behavioral and substance use providers
- Combination of case management and skills support
- Coordination of care across medical and behavioral health providers
- Connect members to providers and community-based supports outside of ACT, ARHMS and TCM

