4/28/2020

Recently, the State of Arizona issued guidance that inpatient utilization management should be waived for Medicaid during the COVID crisis. Recent clarification from the State specified that this original guidance was limited to Medical Inpatient services and should NOT be extended to Behavioral Health Acute Inpatient services. As such, Optum has implemented the following:

- Inpatient (non-emergency), RTC, BHRF and TFC levels of care require Prior Authorization and Concurrent Review.
- When an Inpatient level of care is approved, Concurrent Reviews would occur at pre-COVID intervals.
- For RTC, BHRF, and TFC levels of care, an approved Concurrent review may be extended up to 90 days.

We will continue to seek guidance from the State of Arizona as the crisis continues and will update providers with the best information available.