



Provider Alert

Commonwealth of Massachusetts Access to Services to Treat Child-Adolescent Mental Health Disorders

May 30, 2019

Coverage Mandate

In December 2018, the Division of Insurance and the Department of Mental Health for the Commonwealth of Massachusetts jointly issued Bulletin 2018-07 outlining requirements for coverage of specific services for children and adolescents under commercial, fully insured plans that are situated in Massachusetts.

Services included in the Mandate

In-home behavioral services	Community-based acute treatment for children and adolescents (CBAT)
In-home therapy	Intensive community-based treatment for children and adolescents (ICBAT)
Mobile crisis intervention	Family support and training
Intensive care coordination	Therapeutic mentoring services

Effective Dates

Health insurance carriers are expected to have all systems and processes in place for these services to be effective for plans issued or renewing on or after July 1, 2019 for all services except family support and training and therapeutic mentoring services.

Family support and training and therapeutic monitoring services readiness is effective for plans issued or renewed on or after July 1, 2020.

In some cases, plans may opt to implement sooner than “upon renewal.” Because the effective dates will vary by plan, providers should verify eligibility and benefits coverage prior to providing services.

Optum Readiness

We are aware of this mandate and will be ready within required timelines. We will be providing additional information to you regarding these services to include billing codes and associated requirements.