

TREATMENT MILESTONE ADMISSIONS (TMA)  
**KNOWLEDGE BRIEF**

## TMA Change to In-Network Substance Use Disorder (SUD) Services

**Given the current increase in substance use since the pandemic, Optum is committed to improving the wellbeing of Members by ensuring they receive the most effective treatment.**



Substance Use Disorder (SUD) services can be complex, often requiring coordination of interventions. Completing a **clinical review at the time of admission** will allow Optum to evaluate the Member's needs, history, risk factors, comorbidities and apply the use of evidence-based guidelines.

This consultation is intended to **provide value-added information** as well as engagement to assist in the development of a patient-centered care plan.

The clinical review may include: historical treatment patterns, precipitating factors, medication history, emerging problems in past care, challenges to treatment (e.g., patient refused medication). This consultation should be brief and focused on the minimal information sharing necessary to effectively achieve the goal.

As a result of a clinical review being done at the time of admission, the amount of additional information required at the time of the concurrent review should also be reduced, allowing both Care Advocates and Facility Utilization Review staff to more efficiently focus on reviewing Member progress and discharge planning.