

Prior Authorization Requirements for Developmentally Disabled Arizona Members

Effective Oct. 1, 2023

Overview

The table below outlines the behavioral health services that require prior authorization for the Arizona Division of Developmental Disabilities (DDD) contract.

Please check this list before you provide services to UnitedHealthcare Community Plan members. Additional information about prior authorization for behavioral health services can be found in the Optum Behavioral Health [National Network Manual](#) (pages 38-40). If you have additional questions, please call the Customer Service number on the back of the member's ID card.

Notes: All out-of-network (non-participating) providers must obtain prior authorization approval before providing behavioral health services. Prior authorization is not required when rendering emergency services. Emergency admissions require notification.

Please note H0035 does not require prior authorization in or out-of-network.

Service Description	Revenue Code	Additional Information
Psychiatric room and board, private	114	
Detox, private	116	
Rehab private	118	
Psychiatric room and board, semi private 2 beds	124	
Detox, semi private	126	
Rehab 2 bed	128	
Psychiatric room and board, semi private 3 bed and 4 beds	134	
Psychiatric room and board, semi private 2 beds	124	
Detox, semi private	126	
Detox, 3&4 bed	136	
Rehab 3 & 4 bed	138	
Private (Deluxe) - Psychiatric	144	
Private (Deluxe) - Detoxification	146	
Private (Deluxe) - Rehabilitation	148	
Room/board Ward Psychiatric	154	
Detox, ward	156	
Rehab ward	158	
Home pass	183	

Bed Hold	189	
Intensive Care - Psychiatric	204	
Psychiatric/Psychological Treatments	900	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Milieu Therapy	902	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Play Therapy	903	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Psychiatric/Psychological Treatments - Activity therapy	904	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Intensive Outpatient Services - Psychiatric	905	
Intensive Outpatient Services - Chemical Dependency	906	
Community behavioral health program - day treatment	907	
Psychiatric/Psychological Services - Rehabilitation	911	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Individual therapy	914	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Group therapy	915	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Family therapy	916	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also

		require authorization before services are provided.
Biofeedback	917	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Testing	918	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Psychiatric/Psychological Services - Other	919	This code must be billed with an appropriate CPT code. If the CPT code you're billing with requires prior authorization, this revenue code will also require authorization before services are provided.
Service Description	Procedure Code	Additional Information
Adaptive behavior treatment by protocol tech each 15 min	97153	
Group adaptive behavior treatment by protocol tech each 15 min	97154	
Adaptive behavior treatment protocol modification PHYS/QHP each 15 min	97155	
Family adaptive behavior treatment guidance PHYS/QHP each 15 min	97156	
Multiple family group adaptive behavior treatment guidance PHYS/QHP each 15 min	97157	
Group adaptive behavior protocol modification PHYS/QHP each 15 min	97158	
Exposure behavioral follow-up assessment includes physician or other QHCP direction with interpretation and report, administered by physician or other qualified health care professional with the assistance of one or more technicians; first 30 minutes of technician(s) time, face-to-face with the patient	0362T	
Exposure adaptive behavior treatment with protocol modification requiring two or more technicians for severe maladaptive behavior(s); first 60 minutes of technicians' time, face-to-face with patient	0373T	
Therapeutic Repetitive Transcranial magnetic stimulation treatment; planning 1 VISIT	90867	
Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment;	90868	

subsequent delivery and management, per session		
Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold re-determination with delivery and management	90869	
Psychological testing evaluation	96130, 96131	
Psychological & Neuropsychological testing administration/scoring	96136, 96137, 96138, 96139	<ul style="list-style-type: none"> • Auth Required – Only if the Admin & Scoring codes are submitted with Psychological Testing Eval Codes 96130 & 96131 • No Auth Required - If the Admin & Scoring codes are submitted with Neuropsychological Testing Eval Codes 96132 & 96133
Behavioral health short-term residential, without room and board	H0018	
Comprehensive community support services, supervised day program per 15 minutes, 5-10 hours	H2015	
Home care training to home care client, per session (HCTC) similar to therapeutic Foster Care	S5145	
Crisis intervention mental health service, per hour	S9484	