

# Metabolic Screening for Children and Adolescents on Antipsychotics



We appreciate your taking an active role and screening children/adolescents taking antipsychotic medications.

Recommendation based on the American Academy for Child and Adolescent Psychiatry (AACAP) and the American Psychiatric Association and the National Committee for Quality Assurance HEDIS<sup>®</sup> specification

## How You Can Help

**Children and Adolescents who are prescribed antipsychotic medications need to have metabolic testing after an initial prescription of antipsychotic medications including:**

- At least one test for blood glucose or HbA1c

**AND**

- At least one test for LDL-C or cholesterol

We encourage you to monitor Fasting Glucose/HbA1c and Cholesterol/ LDL-c tests for these members. The tests should take place after an initial prescription of antipsychotic medications, as well as on an annual basis.

## Resources

- More tools and information about behavioral health issues are available on [providerexpress.com](http://providerexpress.com) > Clinical Resources > Behavioral Health Toolkit for Medical Providers.
- Patient education information is available on [liveandworkwell.com](http://liveandworkwell.com) using access code “clinician”. See “Mind & Body” at the top, scroll down to find the links to topics.

## Refer to a Mental Health Professional

You can request coordination of care and referrals for members by calling the number on the back of the member’s health plan ID card or searching [liveandworkwell.com](http://liveandworkwell.com).