



Care for individuals diagnosed with schizophrenia and/or prescribed antipsychotic medication

We appreciate you taking an active role in providing and monitoring treatment, including ordering screening and lab tests, for those diagnosed with schizophrenia and/or prescribed antipsychotic medications.

How You Can Help:

Individuals who are diagnosed with schizophrenia and/or prescribed antipsychotic medication must have metabolic/lipid testing after an initial diagnosis or prescription of antipsychotic medication, and then repeat annually.

Annual Testing Includes:

- HbA1c or blood glucose

AND

- LDL-C or cholesterol

Refer to a Mental Health Professional:

- liveandworkwell.com - Patient education and mental health provider information, use guest access code "clinician."
- Call the provider phone number on the back of the patient's health plan ID card

Remember to ask for contact information for other treating providers in order to coordinate care, you may use this [form](#) to facilitate.

Medication Adherence:

- Educate patients on the benefits of medication and common side effects
- Discuss how long it may take to see benefits from the medication
- Encourage patients to have an open dialogue about questions and concerns
- Stress the importance of remaining on medications even after they feel better
- Involve support persons when applicable
- Schedule appropriate follow-up visit to discuss medication adherence
- Call for reminders of upcoming appointment(s)

Resources:

- Tools and information about behavioral health issues are available on providerexpress.com
- Patient education is available on liveandworkwell.com use guest access code "clinician".

Recommendations are based on the National Committee for Quality Assurance HEDIS® specifications