



# Optum National Network Manual Addendum for Pennsylvania

## INTRODUCTION

United Behavioral Health (UBH) operating under the brand Optum administers mental health and substance use disorder benefits for health plans in the Commonwealth of Pennsylvania. Generally, the Optum National Network Manual applies to all types of business managed by Optum. There are some sections that may differ based on specific benefit plans. This addendum highlights areas in which the Commonwealth of Pennsylvania procedures, in order to meet regulatory requirements, supersede procedures set forth in the Optum National Network Manual.

### Guidance Related to the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

The Commonwealth of Pennsylvania sets forth specific guidance related to the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA) in the Pennsylvania Bulletin Volume 46 Number 44 Page 6982. This guidance applies only to commercial insurance issued in the Commonwealth; it does not apply to health care coverage provided through a government program (such as Medicare, Medicaid or CHIP), employer based self-funded coverage or insurance issued in another state. The complete bulletin may be reviewed here: [46 Pa. B. 6942](#).

Optum complies with these requirements.