

LEVEL OF CARE GUIDELINES: PSYCHOLOGICAL AND NEUROPSYCHOLOGICAL TESTING GUIDELINES – UNITED HEALTHCARE PLAN OF THE RIVER VALLEY, INC.

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- Relevant Services**
- Iowa Psychological and Neuropsychological Testing Guidelines

- Related Behavioral Clinical Policies & Guidelines:**
- Optum Psychological and Neuropsychological Testing Guidelines

INTRODUCTION

The *Level of Care Guidelines* is a set of objective and evidence-based behavioral health criteria used to standardize coverage determinations, promote evidence-based practices, and support members' recovery, resiliency, and wellbeing¹ for behavioral health benefit plans that are managed by UnitedHealthcare Plan of the River Valley.

The *Level of Care Guidelines* is derived from generally accepted standards of behavioral health practice. These standards include guidelines and consensus statements produced by professional specialty societies, as well as guidance from governmental sources such as CMS' National Coverage Determinations (NCDs) and Local Coverage Determinations (LCDs). The *Level of Care Guidelines* is also derived from input provided by clinical personnel, providers, professional specialty societies, consumers, and regulators.

For more information on guiding principles for the *Level of Care Guidelines* and their development, approval, dissemination, and use, please see the *Introduction to the Level of Care Guidelines*, available at: www.providerexpress.com > Clinical Resources > Level of Care Guidelines.

Before using this guideline, please check the member's specific benefit plan requirements and any federal or state mandates, if applicable.

PSYCHOLOGICAL AND NEUROPSYCHOLOGICAL TESTING GUIDELINES

PSYCHOLOGICAL AND NEUROPSYCHOLOGICAL TESTING GUIDELINES The Psychological and Neuropsychological Testing Guidelines is a set of objective and evidence-based behavioral health criteria used to

¹ The terms "recovery" and resiliency" are used throughout the Psychological and Neuropsychological Testing Guidelines. SAMHSA defines "recovery" as a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. SAMHSA defines "resilience" as the ability to adapt well over time to life-changing situations and stressful conditions. The American Society of Addiction Medicine defines "recovery" as a process of overcoming both physical and psychological dependence on a psychoactive substance, with a commitment to sobriety, and also refers to the overall goal of helping a patient to achieve overall health and well-being.

standardize coverage determinations, promote evidence-based practices, and support members' recovery, resiliency, and wellbeing.

The Psychological and Neuropsychological Testing Guidelines is derived from generally accepted standards of practice for psychological and neuropsychological testing. These standards include guidelines and consensus statements produced by professional specialty societies, as well as guidance from governmental sources such as CMS' National Coverage Determinations (NCDs) and Local Coverage Determinations (LCDs).

The Psychological and Neuropsychological Testing Guidelines is also derived from input provided by clinical personnel, providers, professional specialty societies, consumers, and regulators.

1. Admission Criteria

- see "*Common Criteria and Best Practices for All Levels of Care*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>
AND
- see "*Admission Criteria in the Optum Psychological and Neuropsychological Testing Guidelines*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>

2. Continued Service Criteria

- see "*Common Criteria and Best Practices for All Levels of Care*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>
AND
- see "*Continued Service Criteria in the Optum Psychological and Neuropsychological Testing Guidelines*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>

3. Discharge Criteria

- see "*Common Criteria and Best Practices for All Levels of Care*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>
AND
- see "*Discharge Criteria in the Optum Psychological and Neuropsychological Testing Guidelines*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>

4. Clinical Best Practices

- see "*Common Criteria and Best Practices for All Levels of Care*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>
AND
- see "*Clinical Best Practices in the Optum Psychological and Neuropsychological Testing Guidelines*":
<https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/locg.html>

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*Additional reference materials can be found in the reference section(s) of the applicable Level of Care Guidelines and in the related Behavioral Clinical Policy

HISTORY/REVISION INFORMATION

Date	Action/Description
March, 2016	• Version 1
March, 2017	• Version 2