CAGE-AID (Adapted to Include Drugs)

Instructions: Answer Yes or No to each of the following questions.

1. Have you ever felt you ought to cut down on your drinking or drug use?
   - Yes (1)
   - No (0)

2. Have people annoyed you by criticizing your drinking or drug use?
   - Yes (1)
   - No (0)

3. Have you ever felt bad or guilty about your drinking or drug use?
   - Yes (1)
   - No (0)

4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or get rid of a hangover (eye-opener)?
   - Yes (1)
   - No (0)

For the total score, add the numerical value of each answer.

TOTAL SCORE: _________

A score of 2 or more may indicate clinically significant alcohol or drug problems.