AUDIT-C

Instructions: For each question, please check ☐ the answer that is correct for you.

1. How often do you have a drink containing alcohol?
   - Never (0)
   - Monthly or less (1)
   - Two to four times a month (2)
   - Two to three times per week (3)
   - Four or more times a week (4)

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
   - 1 or 2 (0)
   - 3 or 4 (1)
   - 5 or 6 (2)
   - 7 to 9 (3)
   - 10 or more (4)

3. How often do you have six or more drinks on one occasion?
   - Never (0)
   - Less than Monthly (1)
   - Monthly (2)
   - Two to three times per week (3)
   - Four or more times a week (4)

Add the numerical value of each answer selected to get your total score.

TOTAL SCORE: __________

The maximum score is 12. A score of ≥ 4 identifies 86% of men who report drinking above recommended levels or meets criteria for alcohol use disorders. A score of > 2 identifies 84% of women who report hazardous drinking or alcohol use disorders.