ICD-10 KNOWLEDGE BRIEF

DSM-5® is the best choice for Behavioral Health ICD-9 to ICD-10 Crosswalk

Behavioral health providers are better served by referring to the DSM-5 to obtain diagnostic billing codes rather than by referring to either the ICD-10 tabular listings or to ICD-9-to-ICD-10 conversion tools available online.

Posttraumatic Stress Disorder (PTSD) is a good example that illustrates the value of using the DSM-5 for billing support.

DSM-5 and PTSD

- DSM-5 includes only one of three codes listed in the ICD-10
- ICD-10 nomenclature carries the term “unspecified” whereas DSM-5 does not
- The DSM-5 has a well-defined criteria set whereas ICD-10 does not

Crosswalk View:

<table>
<thead>
<tr>
<th>ICD-9-CM</th>
<th>ICD-9 Condition</th>
<th>ICD-10 Crosswalk Codes</th>
<th>ICD-10 Crosswalk Condition(s)</th>
<th>DSM-5 Mapping</th>
</tr>
</thead>
<tbody>
<tr>
<td>309.81</td>
<td>Posttraumatic stress disorder</td>
<td>F43.10</td>
<td>Post-traumatic stress disorder unspecified</td>
<td>F43.10, Posttraumatic stress disorder</td>
</tr>
<tr>
<td></td>
<td></td>
<td>F43.12</td>
<td>Post-traumatic stress disorder, chronic</td>
<td>Not included in the DSM-5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>F43.11</td>
<td>Post-traumatic stress disorder, acute</td>
<td>Not included in the DSM-5</td>
</tr>
</tbody>
</table>

DSM-5 is the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition

Use of the DSM-5 addresses three issues or problems associated with use of a standard ICD-9 to ICD-10 crosswalk or conversion tool:

- **From one to many** – ICD-9 to ICD-10 change has numerous instances of moving from one code to many codes, not all of which appear in the DSM-5

- **Naming conventions** – The name of the condition listed in the DSM-5 does not necessarily match the name of the condition as it appears in the ICD-10

- **Diagnostic Criteria** – The DSM-5 includes extensive criteria for the purpose of diagnosis; the ICD-10 does not

For behavioral health, the DSM-5 provides current industry-standard diagnostic criteria and descriptors, and maps to both the ICD-9-CM and ICD-10-CM code sets.