Preparing for October 1, 2015

Are you ready?

Use of ICD-10 Codes for billing will commence on an industry-wide basis effective October 1, 2015. You can prepare now for a smooth and effective transition to ensure continuity in the care you provide and to maintain your usual revenue cycle.

If you have not yet transitioned to the use of the DSM-5, do so now. The DSM-5 includes mapping to both ICD-9 and ICD-10 billing codes. Assess and document now using DSM-5 criteria and be ready to apply the required ICD code set for billing before and after October 1.

What testing has Optum done to prepare for ICD-10?

We have completed testing of our online claim entry available on Provider Express for Professional (outpatient) MH/SUD and EAP service claims.

We have completed “end-to-end” claim testing, including outcome analysis. Testing reviews claim submissions that process through Electronic Data Interchange (EDI) clearinghouses.

What is end-to-end testing?

“End-to-end” testing assesses the “behavior” of the claim from the point at which a provider generates the claim in their office, then passes through a clearinghouse over to Optum and then through our claim system for adjudication. This testing allows us to assess whether or not a test claim using an ICD-10 code adjudicates in the same way as the original submission.

In the event something does not adjudicate “as expected” then we will conduct a root cause analysis to identify and correct any problems.

Are you testing with my software and my clearinghouse vendor?

The providers engaged in testing are submitting outpatient and inpatient claims using a wide range of practice management software. We are working closely with the different clearinghouse vendors with whom providers routinely work.

REMINDER: The DSM-5 mapping to ICD codes supports accurate billing. Documenting the DSM-5 criteria and diagnosis also serves to identify and document the appropriate ICD billing code. The ICD-10 codes begin with a letter which, for behavioral health, is most often the letter “F.”